



# DIPLOMA IN POSTNATAL CARE

Southern Institute of Technical Education in collaboration with  
Wisdom Synergy Management Centre (10MOM)

产后护理师文凭课程



## 课程宗旨 Course Information

培育专业的产后护理专才，提升相关从业人员的社会地位。

Cultivate postnatal care professionals and enhance the social status of relevant practitioners.

结合中西方不同的产后护理知识，提供全面以及现代化的产后护理服务。

Combine different postnatal care knowledge in Chinese and Western cultures. Provide comprehensive and modern postnatal care service.

## 课程内容 Course Content

产后营养学 (含食疗知识)	Postpartum Nutrition (Dietary Knowledge included)
产后心理学	Postpartum Psychology
产后妈妈护理管理学	Postpartum Mother Care
初生婴儿护理管理学	Neonatal Nursing
产后中医调理	Postpartum Chinese Medicine Recuperation
心态学 (职业操守)	Mentality (Professional Conduct)
专业催乳按摩 (含母乳知识)	Professional Prolactin Massage (Breastfeeding Knowledge included)
产后妈妈按摩技术	Postpartum Massage Technique for Mother
初生婴儿按摩技术	Postpartum Massage Technique for New-Born Baby
基础英文	Basic English
马来西亚法律	Malaysian Law
月子中心企业管理	Postnatal Care Centre Business Management

## 课程时间 Study Period

阶段 Level	课程 Module	上课时数 Duration (Days)	每天学时 Hours per day	实习 Intern (Months)
1	婴儿与产后护理 Professional Certificate in Infant and Postnatal Care	9	6	1.5
2	母乳与哺乳 Professional Certificate in Lactation and Breastfeeding	6	6	1.5
3	产后按摩 Professional Certificate in Postnatal Massage	6	6	1.5
总数 Total		21 (126hours)		4.5

## 入学资格 Entry Requirement

凡年龄满18岁以上皆可，未考获SPM或同等资格的学生需面试通过方可报读。

18 years old and above but students who have not obtained SPM or equivalent qualifications need to be interviewed before enrol

## 开课时间 Enrolment Period

1月、4月、8月 (January, April, August)

## 上课地点 Location

南方大学学院 Southern University College

## 招生对象 Target Participants :

SPM毕业生、保姆、托育中心、月子中心、按摩师、新手妈妈、母乳工作者等。  
SPM graduate, Babysitter, Staff of Nursery Centre and Postnatal Care Centre, Novice Mom and etc.

## 文凭颁发 Dual Diploma

南方技职学院与Wisdom Synergy Management Centre联合颁发Professional Diploma in Postnatal Care  
Southern Institute of Technical Education (SITE) and Wisdom Synergy Management Centre jointly award Professional Diploma in Postnatal Care

TQUK认证及颁发Diploma in Postnatal Care  
Training Qualification UK certify and award Diploma in Postnatal Care

## 就业前景 Employment Prospects

国际工作机会：马来西亚、新加坡、台湾、香港、中国、澳洲等国家与地区。  
International Job Opportunities: Malaysia, Singapore, Taiwan, Hong Kong, China, Australia and other

就业方向：月子中心、妇产科医疗中心、按摩治疗师、婴儿顾问、母乳讲师等。  
Employment direction: Postnatal Care Centre, Massage Therapist and etc.

## 行政费与学费 Administrative and Tuition Fees

行政费	Administrative Fee	RM	250
学费	Tuition Fee	RM	16,800

首30位学员将获10%学费折扣，10Mom会员获5%学费折扣，南方大学学院校友获20%学费折扣。  
First 30 students will receive a 10% discount on tuition fees, 10MOM members get 5% discount and Southern University College alumni get 20% discount.

学员可单独报读其中一个阶段课程，但每阶段需额外付RM1000。单独报读第一阶段课程，额外付RM1000，可获得AMS (Academy of Multi-Skills) Certificate。  
Participants can choose to study individual module but the fees will be charged an extra of RM1000 per module. For those participants who option for AMS (Academy of Multi-Skills) Accreditation Fee for Level 1, an additional of cost RM1000 is payable.

## 联络我们 Contact us

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## 南方职业技术学院

### Southern Institute of Technical Education, SITE

为配合国家技工教育的发展·南方职业技术学院(Southern Institute of Technical Education, SITE)成立于2017年·是南方大学学院七大学院之一·它积极推动多元教育发展·同时也提供青年及社会人士进修专业技工课程的平台·

南方职业技术学院现有五个课程·即美容与美体、美发与发型设计、VR虚幻引擎建筑设计课程、殡葬经营与管理课程及产后护理师课程·未来南方职业技术学院计划开办珠宝设计与鉴定课程、烹饪艺术课程、电工课程及其他手工艺及工程类课程·

In response to the call by Malaysian Government to promote vocational education, Southern University College in 2017 set up the "Southern Institute of Technical Education" (SITE) to

promote diverse education development and provide a platform for the youth and general public to further their vocational skills.

At present, SITE has provided 5 programs of training, namely Professional Certificate in Aesthetic Treatments & Body Therapy, Professional Certificate in Hairdressing & Hair Design, Diploma in Unreal Engine VR Architecture, Professional Certificate in Funeral Business & Management and Diploma in Postnatal Care. In the near future, SITE has planned to develop Jewellery Design & Appraisal, Culinary Arts, Electrical Engineering and other vocational programs.



### Wisdom Synergy Management Centre

Synergy Education Sdn Bhd 创立于2018年·专门提供产后护理管理学·除此之外·学院也提供许多技术性的课程·如:烹饪·烘焙·活动策划管理·花艺·亲子活动等有趣课程·

Synergy Education的创立宗旨是要让产妇和新生儿获得专业的医学照顾·让大众对“月子”有更深层的了解·打破偏方的传统概念·把对于“月子嫂”的观念年轻化·

Synergy Education秉持着对产后护理管理的热忱·开办了一系列符合市场需求的专业课程·给予每位学员最高水准的学习机会·由基础知识到学习技巧等多方面的培育·理论与实践并重·让学员参与实际专业事务·

Synergy Education Sdn Bhd was founded in 2018 which specialized in postnatal care management.

In addition, they offer different technical courses such as culinary, baking, event planning, floral and parent-child activities.

The purpose of founding Synergy Education is to provide maternity and new-borns with professional postnatal care. To let the general public have deeper understandings of postnatal care and break the traditional concept of remedies.

Synergy Education adheres to the enthusiasm for postnatal care management. They have launched program to meet the market needs and provide students the highest level of learning opportunities. From basic knowledge to vocational skills, students have the chance to participate in actual practical.